Memory Map

If your life were laid out like a map, where would the important places be at which someone would need to stop if he or she really wanted to get to know you? Are the roads straight and narrow or are there ups and downs, smooth stretches and rocky stretches?

Choose at least ten events from your life up until today. These events can be happy or sad (or both) as long as they have been important in making you who you are today.

Title each event and describe it in one or two paragraphs. Along with each event include a photo, illustration, or symbol to go with it. Each event will become a location on your map. Keep in mind that your paragraphs might not all fit on your map, so you may need to include a legend (a separate piece of paper explaining everything fully).

Carefully consider where your events are located on your map. An event that involved many people could become a booming city, while an important time that concerned only you might be located in a more isolated area (like a desert). Sad events can become valleys and happy ones might be at the top of a mountain.

The important thing to keep in mind is that each event/location should tell us something important about who you are and why.

List your 10 events here, and then use the back as your rough draft.

1. ______________________ 2. ______________________
3. ______________________ 4. ______________________
5. ______________________ 6. ______________________
7. ______________________ 8. ______________________
9. ______________________ 10. ______________________